



## Health & Safety Plan 2021-22 School Year

In order to ensure the safety of our faculty, students and families during the 2021-22 school year, HCA has developed the following policies in response to the guidance released by the CDC. These policies were adopted based on the CDC guidance currently available and will be updated as needed as subsequent guidance is released from the CDC. Barring a shelter-in-place order from the Governor or additional restrictions recommended by the CDC, the policies described below should enable us to keep our campus open for in-person instruction.

HCA's Health & Safety Plan includes implementing additional screening, distancing and hygiene practices to reduce the likelihood of the transmission of germs. Disruption to typical classroom routines will be minimized to the greatest extent possible in order to support student and faculty socio-emotional health, as well as best practices for instruction. Information provided to students will be positive and will focus on healthy hygiene practices instead of referring to "COVID-19" or "the pandemic". HCA recognizes that parents and faculty both play an important role in helping children make sense of what they hear in a way that is honest, accurate and minimizes anxiety or fear.

Plan Item	Policies
COVID-19 Testing	<ul style="list-style-type: none"><li>• While we currently do not have plans to require routine testing for all faculty and students, group-based testing may be requested at any time during the school year if administration deems necessary.</li><li>• Currently, the CDC has stated that all un-vaccinated air passengers arriving to the US from a foreign country are required to get tested for COVID-19 infection no more than 3 days before their flight departs from the foreign country, and again 3-5 days after arriving in the US. Un-vaccinated faculty and students flying home from a foreign country will not be permitted to return to school until 7 days after returning to the US. A negative COVID-19 test taken 3-5 days after arrival will also be required before returning to school.</li></ul>
Promotion of Healthy Hygiene Practices	<ul style="list-style-type: none"><li>• Teachers and students are in close contact for much of the day, and schools can become a place where respiratory diseases like COVID-19 can quickly spread. Our goal is to protect our faculty, students and families by practicing and promoting healthy habits during the school year.</li><li>• All faculty has been trained on healthy hygiene practices and proper physical distancing. Faculty has been instructed on what symptoms to look for so that anyone with COVID-19 symptoms can be separated from other students and faculty until they can leave school campus.</li><li>• Students will receive healthy hygiene reminders during the first day of school (handwashing, physical distancing, etc.).</li></ul>

	<ul style="list-style-type: none"> <li>• Proper handwashing strategies continue to be encouraged, including washing with soap and water for at least 20 seconds.</li> <li>• Signage has been posted throughout the school to promote healthy hygiene practices.</li> <li>• Sanitizing stations have been placed at the main entrances.</li> <li>• Adequate supplies (e.g. soap, paper towels, tissues, alcohol-based hand sanitizer that contains at least 60% alcohol) are available to all faculty and students to support healthy hygiene practices.</li> <li>• Faculty handling student lunches use gloves.</li> <li>• No person should drink water directly from a water fountain. Filtered water stations are available to fill cups or refill water bottles.</li> <li>• Electronic delivery of documents/communication/payments will be encouraged when feasible.</li> </ul>
Masks	<ul style="list-style-type: none"> <li>• The wearing of masks by students or faculty is optional unless a teacher requires the wearing of masks for un-vaccinated students in their classroom due to identifying themselves as “at-risk.” We acknowledge the potential benefit of utilizing masks to prevent the spread of disease, and any student, visitor or faculty member is welcomed to use this safety precaution if they desire to do so. Requiring them at all times, however, would limit the social-emotional impact of being at school.</li> </ul>
Intensified Cleaning	<ul style="list-style-type: none"> <li>• Surfaces and objects that are frequently touched are routinely cleaned and disinfected.</li> <li>• Adequate cleaning supplies are available to all faculty.</li> <li>• Scheduled contract cleanings are frequent and thorough.</li> <li>• Administration has developed a cleaning rotation schedule for all classrooms and common areas.</li> <li>• Hospital-grade HEPA air filtration systems have been placed in all classrooms, offices and common areas to significantly reduce airborne germs, pathogens and allergens.</li> </ul>
Physical Distancing	<ul style="list-style-type: none"> <li>• Student gatherings/classes may be limited to a certain group size. Such groups may be separated by at least 3 feet, such as in chapel and lunch.</li> <li>• Protective screens have been installed at the front desk, and provided to all classroom teachers.</li> <li>• The Athletics Department will continue to communicate and implement guidelines for athletes and their teams, and will ensure all HCA transportation is properly disinfected after each use.</li> <li>• Administration will continue to evaluate and may adjust arrival and/or dismissal times and procedures if necessary. MS and HS student carpools will continue to dismiss from the upper parking lot to reduce the crowd at the main entrance during elementary dismissal.</li> </ul>
Health Screening on Campus	<ul style="list-style-type: none"> <li>• While we currently do not have plans to require temperature checks for faculty, students and visitors upon arrival to school each day, these checks may be implemented at any time during the school year if administration deems necessary.</li> <li>• Sick students and faculty, particularly those with symptoms of respiratory illness, will be given a face mask and kept separate from well students and faculty until they can leave the campus.</li> </ul>

<p>Requirement for Anyone Who is Sick to Stay Home</p>	<ul style="list-style-type: none"><li>• Students and faculty will be required to stay home from school if they are feeling sick, test positive for COVID-19, exhibit a fever of 100 degrees or greater, or have any of the symptoms of COVID-19 based on the following CDC guidance: <i>Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:</i><ul style="list-style-type: none"><li>➤ <i>Fever or chills</i></li><li>➤ <i>Cough</i></li><li>➤ <i>Shortness of breath or difficulty breathing</i></li><li>➤ <i>Fatigue</i></li><li>➤ <i>Muscle or body aches</i></li><li>➤ <i>Headache</i></li><li>➤ <i>New loss of taste or smell</i></li><li>➤ <i>Sore throat</i></li><li>➤ <i>Congestion or runny nose</i></li><li>➤ <i>Nausea or vomiting</i></li><li>➤ <i>Diarrhea</i></li></ul></li><li>• Students will not be penalized for illness-related absences as usual.</li><li>• COVID-related absences will not be considered for secondary exam exemptions.</li><li>• Perfect attendance awards will not be given this school year.</li><li>• As always, administration and teachers will work with students who are absent to complete missed work at home and/or after they return to school.</li><li>• Faculty who will be absent due to illness should continue to follow instructions in staff handbook regarding notifying administration.</li></ul>
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<p>Persons with immunity** (through prior COVID-19 infection or full vaccination*)</p> <p><i>*People are considered fully vaccinated for COVID-19 ≥ 2 weeks after they have received the second dose in a 2-dose series (Pfizer or Moderna) and within 6 months of that second dose or ≥ 2 weeks after a booster; or ≥ 2 weeks after they have received a single-dose vaccine (Johnson &amp; Johnson [J&amp;J]/Janssen) and within 2 months of that second dose or ≥ 2 weeks after a booster</i></p> <p><i>**Immunity does not mean 100% protection from the virus.</i></p>	<ul style="list-style-type: none"> <li>• Currently, the COVID-19 vaccine is not required by HCA for faculty or students. This may change as the mandatory vaccination regulation makes its way through the courts. Faculty and students who wish to follow the procedures in this section as a “fully vaccinated*” person have the option to self-report their vaccination status to the School Nurse (a complete vaccination card will need to be presented for your medical file).</li> <li>• For purposes of this Health &amp; Safety Plan, HCA has consulted medical experts and hereby consider a person to have immunity** at HCA if they have: <ul style="list-style-type: none"> <li>➢ Natural immunity through a confirmed prior COVID-19 infection; or</li> <li>➢ Immunity through full vaccination*.</li> </ul> </li> <li>• Persons with immunity: <ul style="list-style-type: none"> <li>➢ Can resume activities without wearing a mask or physically distancing, except where required by federal or state law, or local businesses.</li> <li>➢ Can refrain from quarantine following a known exposure, if asymptomatic.</li> <li>➢ Will be recommended to wear a mask for 10 days and have testing on day 5 following a known exposure, if asymptomatic. This will remain a recommendation and not a requirement.</li> </ul> </li> <li>• Persons with immunity should still get tested if experiencing COVID-19 symptoms.</li> <li>• If a person with immunity suspects that they may have COVID-19 and/or tests positive for COVID-19, they should follow the guidelines below for “Returning to School After Suspected or Confirmed COVID Infection.”</li> </ul>
<p>Returning to School After Suspected or Confirmed COVID Infection</p> <p><i>Day 0 is the earlier of your first day of symptoms or the day you were tested.</i></p>	<ul style="list-style-type: none"> <li>• Symptomatic persons with <u>confirmed</u> or <u>suspected</u> COVID-19 can return to school after: <ul style="list-style-type: none"> <li>➢ 5 days since symptoms first appeared, <u>and</u></li> <li>➢ 24 hours with no fever without the use of fever-reducing medications, <u>and</u></li> <li>➢ Other symptoms of COVID-19 are improving (loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation).</li> </ul> </li> <li>• Asymptomatic persons with <u>confirmed</u> COVID-19 can return to school after: <ul style="list-style-type: none"> <li>➢ 5 days since receiving the positive COVID-19 test.</li> </ul> </li> </ul> <p>If symptoms develop during isolation, follow the guidelines above for suspected COVID-19 with symptoms.</p>
<p>Returning to School After Suspected or Confirmed Exposure to COVID Infection – Person without Immunity</p>	<ul style="list-style-type: none"> <li>• Asymptomatic persons who have had a first-hand exposure (within 3 feet for a cumulative 15 minutes or more within a 24-hour time period, where either party was not wearing a mask) with a person with confirmed COVID-19 will be permitted to return after: <ul style="list-style-type: none"> <li>➢ 5 days since last known first-hand exposure if you do not experience any symptoms during your monitoring period and get tested on day 5, if possible.</li> <li>➢ If you cannot get tested on day 5, you must wear a mask for 5 days after coming out of quarantine.</li> </ul> </li> </ul> <p>If symptoms develop during quarantine, follow the guidelines above for suspected COVID-19 with symptoms.</p> <ul style="list-style-type: none"> <li>• Persons who (1) plan to have a COVID-19 test or are awaiting COVID-19 test results, or (2) live in the same household with a symptomatic person who plans to have a COVID-19 test or are awaiting COVID-19 test results, or (3) have had direct contact with a symptomatic person who plans to have a COVID-19 test or are awaiting COVID-19 test results, will not be permitted to return to HCA campus until results are received. This will prevent possible class exposure if the results return as positive. Once results are received, the applicable</li> </ul>

	<p>guidelines above should be followed before returning to school.</p> <ul style="list-style-type: none"> <li>• All student and faculty COVID-19 test results (including relevant household/direct exposure test results) are required to be promptly communicated to the school nurse for confidential documentation purposes.</li> <li>• Persons who suspect they have likely had a first-hand exposure to COVID-19 after attending school are encouraged to receive a rapid COVID-19 test on day 5 so that if the test is positive, administration can notify applicable faculty and student families as soon as possible of potential exposure.</li> </ul>
High Risk Faculty and Students	<ul style="list-style-type: none"> <li>• Faculty and students who are high risk should discuss their options with administration.</li> </ul>
School Exposure Protocol	<ul style="list-style-type: none"> <li>• If any student or faculty member tests positive for COVID-19 and they have been at school while contagious, communication will be sent to potentially-exposed faculty and student families. Faculty or students without immunity who have had direct contact should follow the “Persons who have had a first-hand exposure” guidelines above.</li> <li>• The infected person’s name would not be released in accordance with HIPAA guidelines.</li> <li>• All classrooms utilized by the infected individual while contagious will be cleaned thoroughly.</li> </ul>
Communication	<ul style="list-style-type: none"> <li>• Policy changes will continue to be shared with applicable faculty and student families in a timely manner.</li> <li>• Any outbreak of COVID-19 at HCA would be communicated to local health officials.</li> <li>• If local health officials determine there is substantial transmission of COVID-19 within our community, they will provide guidance to administrators on the best course of action for schools. Any guidance provided would be discussed by HCA’s administration and Board, and any changes for our school would be communicated to applicable faculty, students and families as soon as possible.</li> </ul>